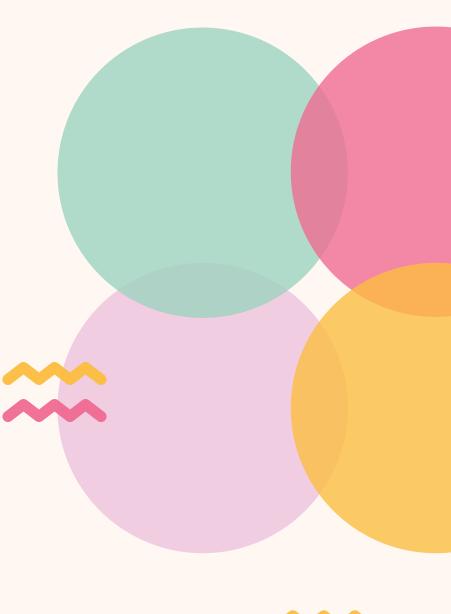
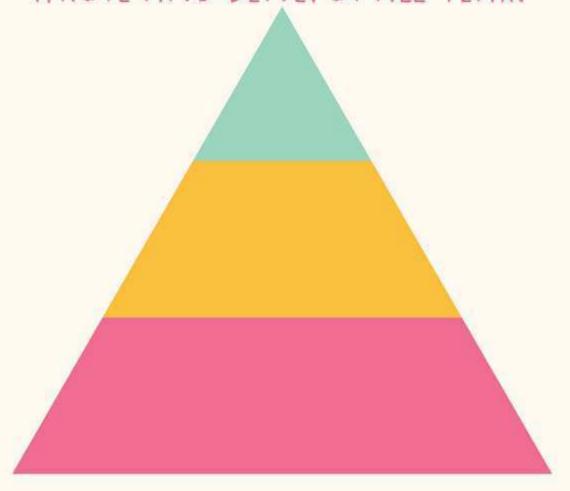
Make This Year Your Year To Get Your Money Sorted!

www.frugalfamily.co.uk



# Set yourself up for success!

SPEND A LITTLE TIME NOW GETTING EVERYTHING DOWN IN BLACK AND WHITE AND BENEFIT ALL YEAR!



#### SECTION A - YOUR INCOME DETAILS

Pay (after tax)	£
State pension	£
Personal pension	£
Benefits	£
Tax credits	£
Family allowance	£
Child maintenance	£
Savings / Investment income	£
Other income 1	£
Other income 2	£
Other income 3	£
Total monthly household income:	£



#### SECTION B - YOUR MONTHLY OUTGOINGS

#### HOUSEHOLD BILLS

Mortgage payment	£
Any associated property costs such as mortgage endowment payments, ground rent, service charges etc.	£
Rent	£
Life insurance	£
Home insurance	£
Council tax	£
Gas	£
Electric	£
Water	£
Home phone	£
Internet	£
TV licence	£
Satellite TV / Digital TV	£
Home and garden maintenance	£
Other costs 1	£
Other costs 2	£



#### THE COST OF LIVING

Weekly shopping budget, including food, cleaning, personal hygiene etc.	£
Packed lunches / school dinners	£
Cigarettes	£
Mobile phone (average monthly bill for all mobiles that are paid for out of this budget – including pay as you go top ups)	£
Newspapers / magazines	£
Clothing and shoes	£
Hair cuts / beauty treatments	£
Eye care	£
Dental care	£
Medical costs	£
Other costs 1	£
Other costs 2	£

#### FINANCIAL AND INSURANCE COSTS

Bank interest and charges	£
Monthly savings	£
Pension contributions	£
Loan 1 repayments	£
Loan 2 repayments	£
Credit card 1 repayments	£
Credit card 2 repayments	£



Credit card 3 repayments	£
Credit card 4 repayments	£
Credit card 5 repayments	£
Hire purchase 1 repayments	£
Hire purchase 2 repayments	£
Income protection insurance	£
Any other insurance costs	£
Additional monthly financial or insurance payments 1	£
Additional monthly financial or insurance payments 2	£
Additional monthly financial or insurance payments 3	£

#### FAMILY RELATED COSTS

Childcare	£
School cost	£
Activities and clubs	£
Treats	£
Pocket-money	£
Maintenance payments	£
Pet food	£
Pet insurance	£
Vet bills	£
Charitable donations	£



Other family related costs 1	£
Other family related costs 2	£
Other family related costs 3	£

#### TRANSPORT COSTS

Fuel	£
Maintenance and repairs	£
Road tax	£
Insurance	£
Loan repayments	£
Breakdown cover	£
Regular parking charges	£
Other travel costs (ie) bus fares / train fares / taxis etc.	£
Other transport and travel related costs 1	£
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Other transport and travel related costs 3	£

#### FUN MONEY

Birthdays	£
Christmas	£
Meals out / Takeways	£
Going out	£

Music and film	£
Sports / gym membership	£
Lottery	£
Hobbies	£
Days out	£
Holidays	£
Other fun related costs 1	£
Other fun related costs 2	£
Other fun related costs 3	£

Total monthly outgoings:
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Now you have all of your incomings and outgoings written down, you can work out what your disposable income is (or should be) after your bills have been paid each month:

Section A - Total monthly household income:	£	
Minus	-	
Section B - Total monthly outgoings:	£	
Section C – Disposable income	£	

HOW DOES IT LOOK?



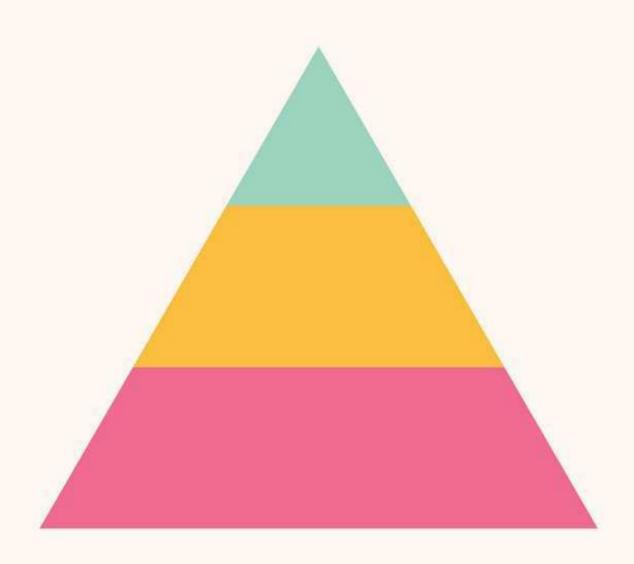
#### FULL DEBT OVERVIEW

Date	Monthly Payment	Interest Rate	Annual Interest	Balance



Once you know which of your debts has the highest interest rate, pay as much as you can that one and the minimum payment to the rest.

When that's paid move on to the next highest interest rate.



### Debt Snowball Tracker

Debt Name	APR	Monthly Minimum Repayment Amount					
Debt Name	ALK	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6
Total monthly minimum repayment		£	£	£	£	£	£
Month		1	2	3	4	5	6
Total monthly minimum repayment due							
Total amount allocated to debt repayment							
Amount available to overp	oay						



#### THIS YEAR'S MONEY GOALS

Goal 1	Why?
	Total Cost?
	Date to complete
	Why?
Goal 2	Total Cost?
	Date to complete
	Why?
Goal 3	Total Cost?
	Date to complete
	Why?
Goal 4	Total Cost?
	Date to complete
	Why?
Goal 5	Total Cost?
	Date to complete
	Why?
Goal 6	Total Cost?
	Date to complete



# This year's Savings Goals

Every week I want to save....

Every month I want to save....

This year I WILL save....



A no spend day is a day when you don't spend a single penny – it's practically impossible to do this every day but as many days as possible will do your budget the world of good!

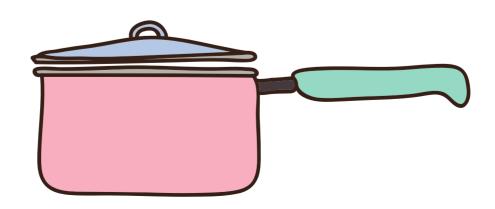
Each month includes a no spend page for you to record how many no spend days you manage. There's a star for each day so just pop a tick in a star every day you manage.



Spend some time at the start of each week planning your meals and you'll save time and more importantly, money every single week.

Work out what you have in already and plan your meals according to that. Then write a shopping list so you only buy what you need.

There's so many ideas to help you meal plan at www.frugalfamily.co.uk and www.mealplanning.co.uk



# Make sure you plan your meals every week.

There's a meal planner included for each week to help you keep track of what you're planning.

Search 'Meal Planning' on www.frugalfamily.co.uk for more help and inspiration with this.



#### THIS WEEK'S MEAL PLAN.



### Birthday Planner

















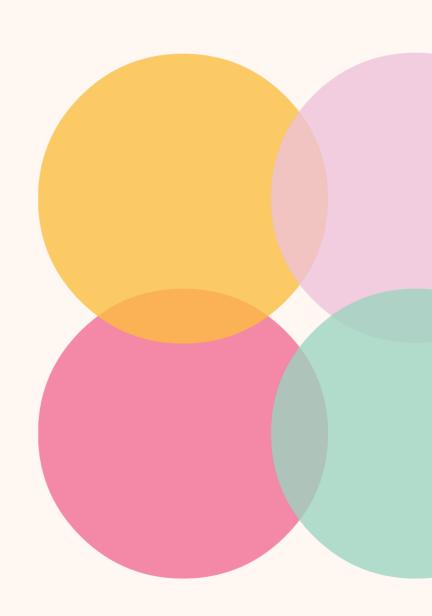








### JANUARY





#### A new month, a new start!

Take some time to reflect on what went well and what you'll do differently this month!

What's your weekly shopping budget this month? Can you reduce it at all?

Any one-off expenses this month that aren't included in your budget? Do you have a plan to pay for them?

Do you have any plans to make any extra money this month?

#### Monthly Mini Targets

Is there something you want to achieve this month?

Write it down and take action to DO IT!

Mini Target 1

Mini Target 2

**Mini Target 3** 

# How many 'no spend' days can you manage this month?



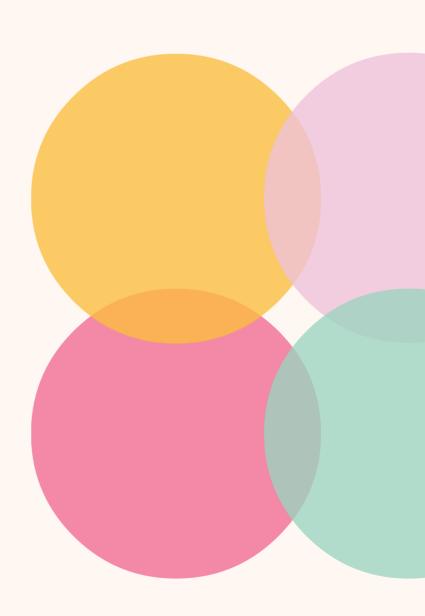


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#### **Spend Tracker**

Date	Purchase	Cost	Worth it?

### FEBRUARY



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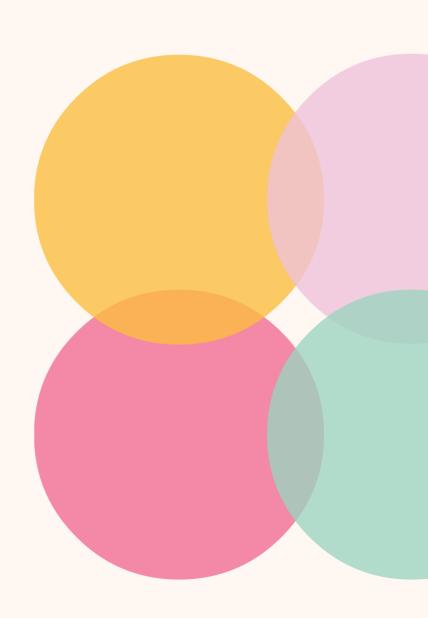


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Date	Purchase	Cost	Worth it?

## MARCH



#### Spring clean your filing system!

Fill a file with some clear plastic wallets and then label each wallet with different categories. Things like gas, MOT, payslips, school residentials, receipts to keep, tax docs and anything else you need to keep.

Decide what you need to keep and safely dispose of the rest. I keep different things for different lengths of time but here's my general guidelines:

- \* Bank statements and credit card bills 1 year as I know I can always get copies from my bank at a small charge if I need them outside of this period (which I never have)
- \* Utility bills 1 year or if I get billed quarterly then I keep the last two bills so only six months for those.
- \* Receipts until the returns period has passed and any warranty has lapsed.
- \* Insurance policies until the next policy document is sent.

Sort your documents into the relevant wallets and you hae a perfectly organised household file.

It really is as easy as that - now you just have to keep on top of it!

Car Home Savings

"Top Tip: have a holding area for mail so you can keep it safe until you have chance to file it away."

#### A new month, a new start!

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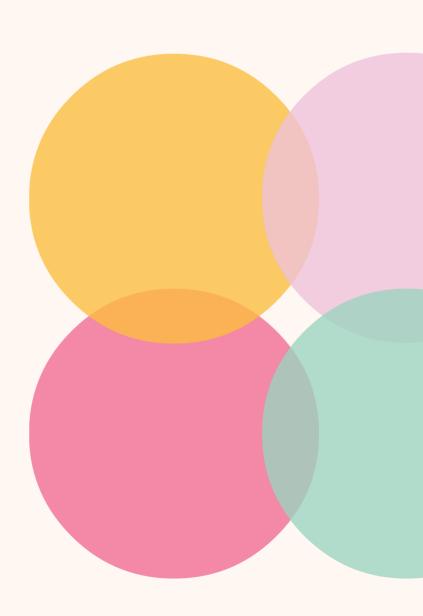


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Date	Purchase	Cost	Worth it?

## APRIL



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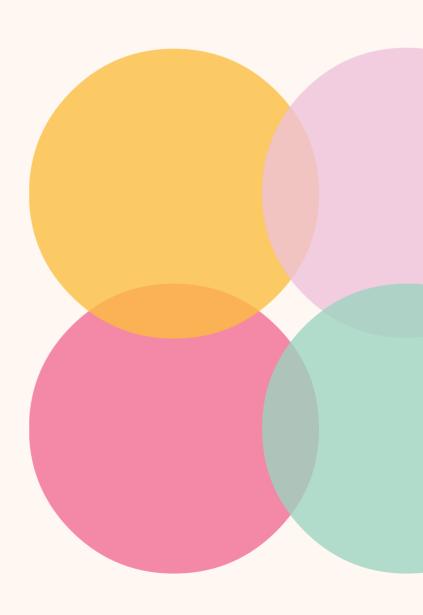


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#### **Spend Tracker**

Date	Purchase	Cost	Worth it?

# MAY



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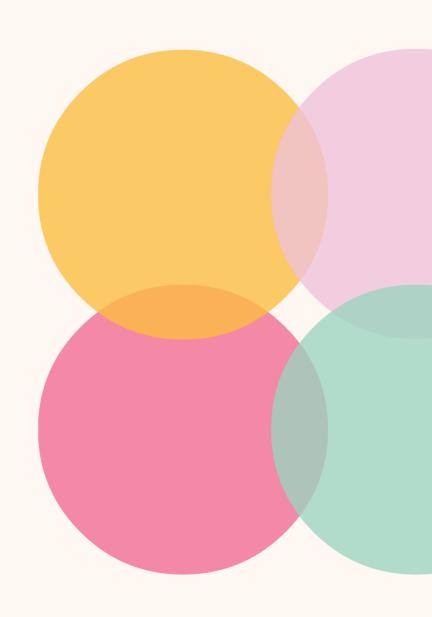


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#### **Spend Tracker**

Date	Purchase	Cost	Worth it?

# JUNE

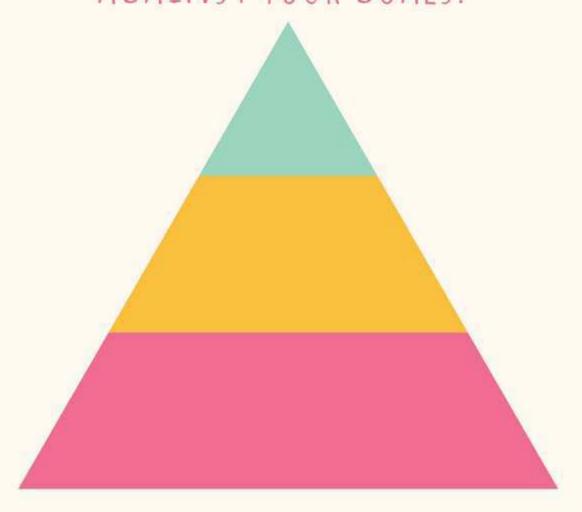


# We're half way through the year!

MAKE SURE YOUR BUDGET IS STILL

ACCURATE AND SEE HOW YOU'RE DOING

AGAINST YOUR GOALS.



#### SECTION A - YOUR INCOME DETAILS

Pay (after tax)	£
State pension	£
Personal pension	£
Benefits	£
Tax credits	£
Family allowance	£
Child maintenance	£
Savings / Investment income	£
Other income 1	£
Other income 2	£
Other income 3	£
Total monthly household income:	£



#### SECTION B - YOUR MONTHLY OUTGOINGS

#### HOUSEHOLD BILLS

Mortgage payment	£
Any associated property costs such as mortgage endowment payments, ground rent, service charges etc.	£
Rent	£
Life insurance	£
Home insurance	£
Council tax	£
Gas	£
Electric	£
Water	£
Home phone	£
Internet	£
TV licence	£
Satellite TV / Digital TV	£
Home and garden maintenance	£
Other costs 1	£
Other costs 2	£



#### THE COST OF LIVING

Weekly shopping budget, including food, cleaning, personal hygiene etc.	£
Packed lunches / school dinners	£
Cigarettes	£
Mobile phone (average monthly bill for all mobiles that are paid for out of this budget – including pay as you go top ups)	£
Newspapers / magazines	£
Clothing and shoes	£
Hair cuts / beauty treatments	£
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#### FINANCIAL AND INSURANCE COSTS

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Monthly savings	£
Pension contributions	£
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Credit card 1 repayments	£
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Credit card 3 repayments	£
Credit card 4 repayments	£
Credit card 5 repayments	£
Hire purchase 1 repayments	£
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Income protection insurance	£
Any other insurance costs	£
Additional monthly financial or insurance payments 1	£
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#### FAMILY RELATED COSTS

Childcare	£
School cost	£
Activities and clubs	£
Treats	£
Pocket-money	£
Maintenance payments	£
Pet food	£
Pet insurance	£
Vet bills	£
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#### TRANSPORT COSTS

Fuel	£
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Road tax	£
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Loan repayments	£
Breakdown cover	£
Regular parking charges	£
Other travel costs (ie) bus fares / train fares / taxis etc.	£
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Christmas	£
Meals out / Takeways	£
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Lottery	£
Hobbies	£
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Total monthly outgoings:	£
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Section A - Total monthly household income:	£	
Minus	-	
Section B - Total monthly outgoings:	£	
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HOW DOES IT LOOK?



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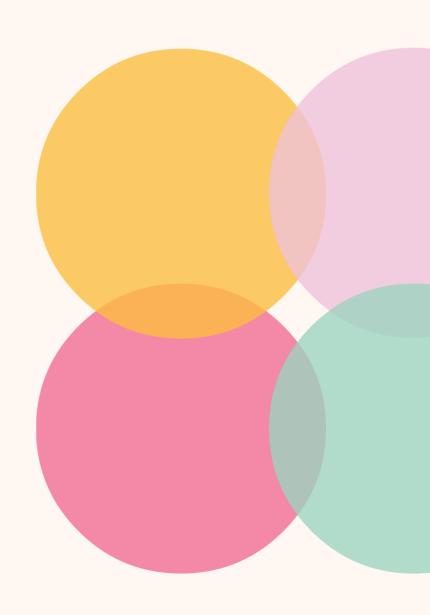


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#### **Spend Tracker**

Date	Purchase	Cost	Worth it?

# JULY



# is Good

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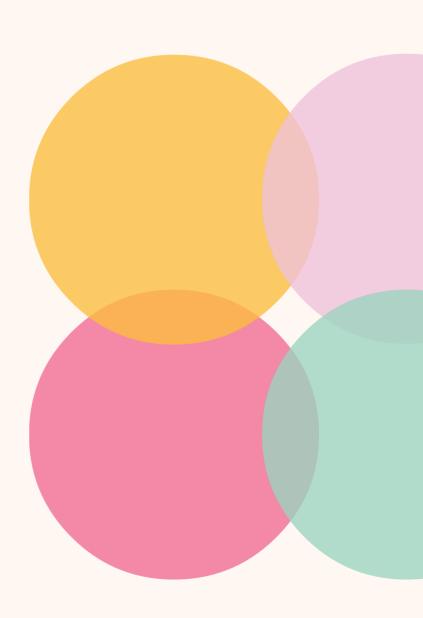


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Date	Purchase	Cost	Worth it?

# AUGUST



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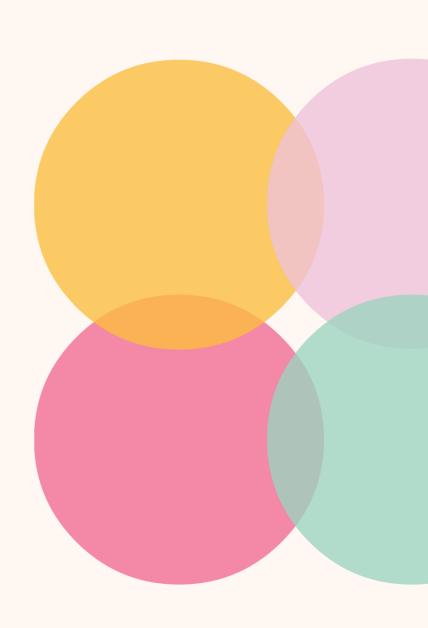


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#### **Spend Tracker**

Date	Purchase	Cost	Worth it?

# SEPTEMBER



## A new month, a new start!

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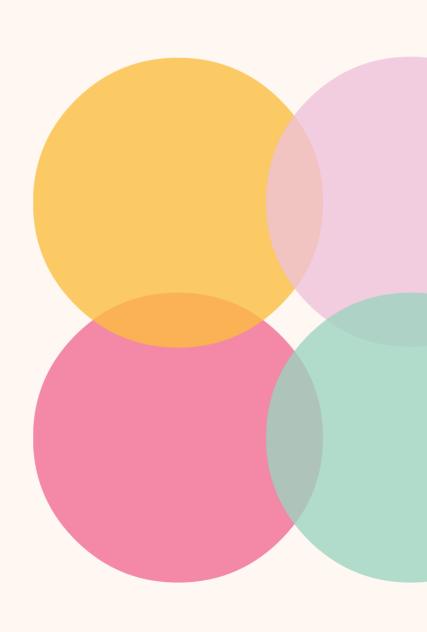
**Mini Target 3** 





Date	Purchase	Cost	Worth it?

### OCTOBER





# Start planning for Christmas!

-WORK OUT YOUR BUDGET

- DECIDE WHO YOU' RE BUYING FOR

- BUY SOMETHING EACH WEEK

Top Tip:
There are loads of Christmas
moneysaving ideas at www.frugalfamily.co.uk

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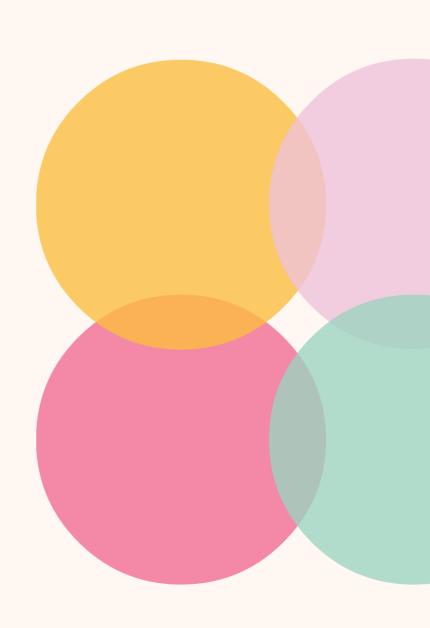
**Mini Target 3** 





Date	Purchase	Cost	Worth it?

### NOVEMBER



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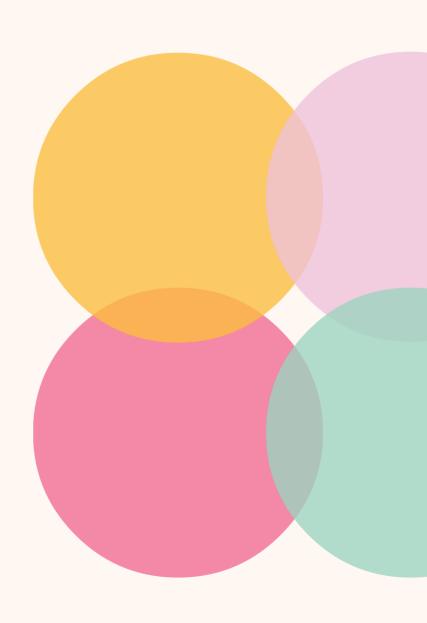
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Date	Purchase	Cost	Worth it?

### DECEMBER



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Date	Purchase	Cost	Worth it?